



# SOUTH AFRICAN VACCINE FAST FACTS

## WHAT IS A VACCINE?

- A vaccine is a medicine that helps the body fight infections and illnesses.
- Vaccines have stopped millions of children from getting sick and dying from diseases like measles, polio and mumps.
- Many adults have had vaccines against diseases like the flu and tetanus.
- Most vaccines are given by injection.



Wear it when you  
go out



Try not to touch it



Wash it every 2 days



Make sure it covers  
nose & mouth

Various credible sources including the World Health Organisation, SA Department of Health, Higher Health and the South African Council of Churches

## #ITISINYOURHANDS